30th Year — No. 37

Welding technicians at

Guelph campus hold

Page 2

expert

Page 6

soccer team

Page 10

earns semi-final berth

COMMENTARY

Page 4

with 2-1 triumph

reunion

Chimpanzee

Men's

Jane Goodall speaks at Centre in the Square

November 2, 1998

What's Conestoga students mad for Cullen By Jacqueline Smith Studio (broader)

Conestoga College, Kitchener



Sean Cullen, a member of the comedy troupe Corky and the Juice Pigs gets passionate during his "Wood, Cheese and Children" show Oct. 22 in the Sanctuary.

About 60 students at Conestoga College received an hour of tension-releasing exercise on Oct. 22, in the Sanctuary from Sean Cullen, a member of Corky and the Juice Pigs.

Cullen focused on everyone and everything. Students who didn't appear to be listening, or who walked in late, would be asked their name and the program they were in. Cullen would make up songs or tell senseless jokes about that particular student.

He also told jokes about the last Winter Olympics saying everyone should have lived in the Olympic village and there would be a cloud

"I've just got a deal with CBS network in the United States to do a comedy series," Cullen told

Although the comedian does not yet know what his CBS show will involve, he thinks it will be a

"I'm doing an episode for a John Larroquette sitcom called Pain, and I'm developing a film in Britain and doing a lot of work in Hollywood," said Cullen, adding that he is not doing a lot of live shows right now.

Friday's comedy hour was not the first time that Cullen has done a show at the college.

"Years ago, the television

studio (broadcasting program) here taped a live show of ours,' said Cullen, who has being doing comedy for about 12 years.

"I've been travelling around to Australia, Britain, America and Canada. I've been working as much as I can. Now it's starting to pay off a bit," he said.

Cullen has done 11 episodes of MAD-TV with Corky and The Juice Pigs.

Cullen said he and the other two members of Corky and the Juice Pigs may be back on MAD for another five seasons.

Cullen said they have been busy and people know who they are. "It's nice to be working all the time and doing things you, like to do." The comedian said he will be flying to Los Angeles to start writing a series.

"The writer for the show is Mark Driscoll, and he wrote Ellen's coming out episode for the Ellen DeGeneres series.'

After the show, students were asked what they thought about the comedian and his jokes.

"He was pretty funny," said Jeff Peneles, a first-year marketing student who said he had never heard of Cullen before.

"It was good," said Bryan Abraham, a third-year materials management program student. "He didn't pick on me, but it was kind of funny the people he did

Firefighter fashion show hot to trot

By Judy Sankar

"I need someone to check my smoke alarms at home."

These were the comments that rang throughout the Waterloo-St. Jacobs Railway Oct. 22. Threehundred and forty-two people, almost all female, packed the 350seat train for the first annual Ladies Night on the Train Hot Shots on Rails fashion show.

What made this fashion show different than most was that the models weren't just men with nice faces and defined muscles.

They were men featured in Kitchener Professional Firefighter's Association fourth edition calendar, Men of Fire

"It was our first time doing a fashion show with the firefighters and we hope to make it an annual event," said commentator Janet Dawson Brock.

The fighters modelled fashions from Sampson's Clothing Ltd. in

Female models were also present showing off clothing from La Creme and Essentially Black, also in St. Jacobs.

The show started off almost as

slowly as the train began moving. The time lapses between the models were longer than they should have been until Brock told the boys to get moving. Soon after, the show began running smoothly as 11 of the 14 fighters featured in the calendar strutted

Modelling the likes of Polo and Tommy Hilfiger, the firefighters were welcomed with open arms and more. The crowd, consisting mostly of middle-aged women, flirted with the firefighters while drinking wine and cheesecake.

While the fighters modelled the fashions, they often stopped to autograph their month in the calendars.

went towards six Proceeds different children's charities.

"It's something about the personality of a firefighter that when people come to us from charities, we can't help ourselves," said Mr. September, Jeff Gardiner, who has been a Kitchener firefighter for four years.

A large donation was made on behalf of the Waterloo-St. Jacobs Railway to another children's charity as well.



Jeff Gardiner, a.k.a. Mr. September, signs a calender at the Hot Shots on Rails fashion show Oct 22. (Photo By Judy Sankar)

Students line up for shot in arm

By Melanie Spencer

The second of three Hepatitis B vaccination clinics was held in the Sanctuary's Other Room on Oct. 20.

"Not as many people signed up this time," said Patty Stokes, entertainment manager for the Doon Student Association. "They just decided to show up at a time that was convenient for them.

All of the people who received the first injection were called about this session, she said as she handled the paperwork for the vaccination.

Tammy Pecaskie, a nurse with Paramed Health Services gave the injections, which fight the contagious virus that effects

According to the pamphlet entitled, Hepatitis B Virus Vaccine, symptoms of the virus fatigue, vomiting, jaundice and nausea.

"They just decided to show up at a time that convenient

Patty Stokes,

DSA entertainment manager

The next clinic will be held March 30, 1999, in the Other Room.

We only sell what we can't drink ourselves

HILMPL AT THE AREA'S LARGEST SELECTION OF USED CDS FOR YOUR USED CDS WE OFFER THE MOST 385 Fairway Road St. 402 King Street N. 415 Hespier Road. 23 Wellington Road KITCHENER WATERLOO CAMBRIDGE 23 Wellington Road 893-2464 884-7376 622-7774 823-5341

Grads reunited

Quarter century of memories

By Jacqueline Smith

engineering welding technician program at Conestoga College's Guelph campus held their first reunion on Oct. 24.

This past spring, the program graduated its 25th class. Karsten Madsen, an instructor, helped plan the reunion which was scheduled as a on-campus activity and followed by a dinner at the Waterloo Inn.

"Invitations were sent two times," said Madsen, who is also a graduate from the program. "We wanted to do an off-campus dinner, but the graduates wanted to come on campus."

Madsen said the reunion started at 11 a.m. with an open house followed by a barbecue lunch.

"We had a large expansion about 13 years ago," the instructor said. "Most of the grads did not see the new addition, so we had a tour."

"Being a graduate, it was nice for me to get together and get up-todate."

Karsten Madsen, welding engineering technician

Hans Zawada, chair of the school of trade and apprenticeship, led



Conestoga faculty from left, Stu Hood, Jim Palmer, and Bart Wesseling, attended the welding engineering technician program's 25-year reunion on Oct. 24 at the Guelph campus.

(Photo submitted by Karsten Madsen)

Although the number of graduates who were at the event was lower than expected, Madsen said it was a success. "There were 75 graduates there, and some came quite a distance. There were people there from as far as British Columbia, Calgary Cornwall.

Madsen, who graduated in 1979, said there were seven people from

"Being a graduate, it was nice for me to get together and get up-to-date."

After the get-together, Madsen

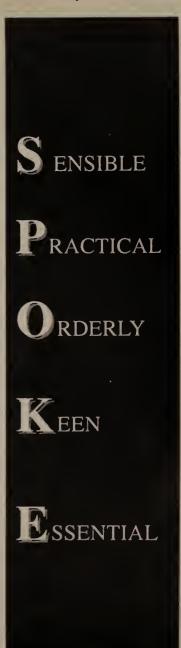
arrangements to go to dinner. "It was a success," he said.

There are only two colleges in Ontario, including Conestoga, that offer the welding engineering program which began in 1971 as a two-year program.

This year, a third year was added, giving students the option of graduating in two years as a welding engineer technician, or do a third year and graduate as a welding engineering technologist.

Madsen said all of the classes are based in Guelph with the exception of robotics which is at the Doon campus.





How to protect yourself on the street

By Jason Gennings

A 29-year-old Waterloo woman was sexually assaulted in Kitchener at about 3:30 a.m. on Oct. 6. Her screams alerted passersby, who came to her aid. Could this happen to you, or to someone you love?

According to Staff Sgt. Randy Close of Waterloo regional police, there is always a risk of random assault, and there is very little we can do to protect ourselves totally.

"But at 3:25 a.m., you increase the probability because of the type of people that are on the street at that time, and because alcohol becomes more of a factor," said Close. "You surely increase your chances of being assaulted, even for males. On the street at that time, mostly robbery is a motive, revenge, or just for kicks."

Of all the little pieces of paper around the college, one may save your life. It is a pamphlet about personal safety and security available in orientation packages, at student services, security services and health services.

Allan Hunter, head of security services at the college, said the pamphlet has a lot of useful advice, including telephone numbers for various emergency services. The personal safety habits included increase the probability of keeping people safe at school, while walking, while travelling, and at home.

"It's the type of common sense that sometimes people miss."

The security head stressed the point that random violence is rare.

"Most sexual assaults do not take place with people jumping out of the bushes. In almost all circumstances the attacker is known to the victim: family, a friend, or a date rape situation," said Hunter.

Close has 26 years experience with Waterloo regional police and said that one of the best ways to keep yourself safe is to think clearly, and not to put yourself in bad situations in the first place. One of the things that affects clear

thinking is alcohol

"It's after the consumption of alcohol that a person would not take due care on the way home, like wait for the cab, or go with friends. They take off on their own.," said Close. "I think the greatest word we can use is moderation."

What happens with drinking is inhibitions are lost, he said, and people do things that they would otherwise never do.

"Moderation surely has to come into play here, if you drink less chances are you'll make a better decision at the end of the night."

Close also said attackers choose drunken victims because the victim may not remember the attack well, if at all.

"They are probably not going to recognize the offender, and they are not going to be able to give accurate details about what happened to them."

Another habit to keep is not to walk alone late at night, and make sure someone knows your plans.

"I would want to be in the company of someone, that just makes sense," said Close.

Police advise using taxis, but if you are walking, walk on the side of the street that has the most pedestrian traffic, the most lighted areas, and watch out for shadowed areas

It is also important to walk with an aura of confidence.

"Make it look like 'I am not a potential victim, and I'm able to care for myself.' People that prey on people look for the complacent type that seem not to have this confidence," said Close.

If someone approaches you, and interacts with you remain calm.

"This is where communication skills come skills come in. Even your ability to negotiate movement, to talk and stroll, and still make your way to places while talking to this person, to where there are other people," said

He said that people would know when to react to a situation. Sometimes a loud, confident voice



Is Jennifer Beer aware of Johnathan Travis approaching behind her? Will she know what to do?

(Photo by Jason Gennings)

is all that is necessary. Close agreed with the pamphlet, which says to say, 'Quit bothering me, go away and leave me alone.' and walk away.

"It depends how the conversation is going, and only the woman, or man, being accosted will know the feeling they've got. 'Is this person going to sexually assault me, or is it a motive of robbery?" said Close. "What subjects are they talking about? Do they like my legs, my body, the way I'm dressed?' Then you can obviously see there is a sexual motive here. Then she has to get away from this guy."

The staff sergeant also prefers that people use noise-making alarms, instead of carrying mace, or weapons.

"For the most part I think women will find it's being taken off of them and used on themselves."

He stressed that it is always best not to be in the bad situation in the first place, but when in a situation the more noise victims make, the more chance the attacker is going to run off.

"I'd be screaming and kicking and fighting to the best of my ability. I sure wouldn't be complacent or submissive," said Close. "The more noise you make the more chance your attacker is going to leave."

The screams of the victim in Kitchener brought five people rushing to her aid.

"The more noise you make, the more chance your attacker is going to leave."

Staff Sgt. Randy Close, Waterloo regional police

"She may have saved herself further assaults," said Close. "I think her actions were excellent at the time."

Conestoga College's security

head said that how a victim responds is a personal choice, but there is no middle ground between being complacent and resisting.

"If they chose to resist, which I don't discourage," said the Hunter, a former police inspector, "they have to resist as much as they can. Fight as much as you can, yell as loud as you can, hit as hard as you can, and don't worry about injuring anybody."

The world is not full of real bad people, said Hunter. Maybe one per cent of the population is going to cause people any grief at all, and less than that that are really going to harm anyone.

A reoccurring theme develops through out many sources on personal safety: Making sure that you are not a victim has less to do with the power of a right hook, and more to do with the ability to clearly think ahead.

"If you are going to go out and you don't want to become victim, then you better keep your faculties about you," Close said.

Nursing students planning breast health seminar

By Sarah Thomson

One or two semester-five nursing students will conduct a breast health awareness seminar in 2DO1 on Nov. 2, from 4 p.m. to 5 p.m. The presentation is free and open to all Conestoga students, faculty and their families.

Participants will learn about the Ontario Breast Screening program, breast cancer and its associated risk factors, and how to do breast self-examinations on models that are provided.

The Women's Resource Group and the Professional Development Office at Conestoga are sponsoring the seminar. This was one of the topics discussed at the resource group meeting on Oct. 22.

Mandy Richardson, a second-year social service student, was introduced at the meeting as the student the Women's Resource Group hired. Richardson was employed to attend the monthly meetings, to take the minutes and do

promotional work for the group.

Also on the agenda of the meeting was further information on the planning of the Women's Celebration to be held March 9. A tentative menu has been set for the event, and the Waterloo campus dining room has been booked.

Joan Magazine, a member of the group, led a discussion regarding placing ads about date rape in the men's washrooms. Ellen Menage, Doon Student Association promotions assistant will be

taking the sample posters to the next DSA meeting to get a student consensus on the posters.

Kim Radigan, treasurer for the group, discussed the funds available to sponsor another speaker this year, especially because of the surplus funds from the cancellation of Single and Sexy, in September.

The next meeting of the group will be held on Nov. 12, 8:30 a.m. to 9:30 a.m. in the blue cafeteria.



We only sell what we can't drink ourselves



Ma Bell gets some competition

My household has signed up for one of the new long distance savings plans. For \$20 a month you can talk all you want.

years monopoly, Ma Bell has some competition on the market. New companies are here to give the

customers some choice, so now old Ma has to compete for our money.

It has taken a few years, but Canadians finally have competition and choices. As a result, rival companies eager to get our business swamp us with ads. They use a lot of tricks too.

The other day, I was in an electronics store and overheard one of the clerks selling a phone company to a customer. "Yes, if you sign up for (company name here) to take care of your long distance, we can give you a store credit of about \$10." He went on to explain that the customer didn't have to do a thing to switch, and if they weren't happy they could switch back the next day.

It seems that the name of the game is getting people signed up. Companies seem to expect the customers to switch back and forth. No sign up fees, etc. (No, each company is happy to have you for as long as they can.) Bell doesn't seem to like to let people go either. If you switch, one of their reps will call you and ask you why. Old Ma lays on the guilt and tries to bring you back. They offer you a better deal on the rates. If you stop to ask why this wasn't offered before, you get the equivalent of "Well, we had your business, and you didn't ask to be treated any better.'





our bills, rates, times and the alignment of the planets. She has been the one willing to spend the time deciphering the phone bill. I stick to something simpler, like doing the

Phone companies compete with each other, and with e-mail. No more long formal letters for me. A quick blast to my friends in Vancouver, send a joke to another friend out East and I can stay in touch without driving the phone bill up.

But now all this has changed. I can safely help my brother with his English as he goes to school in Alberta. In fact, my brother and Our switch came after my wife analyzed I have always had those stilted awkward conversations in person, but on the phone it's different. He can silently roll his eyes, and he is blind to the offensive body language I give him. We have great conversations now, and without the "Well, this is costing you money, so I better go" phrase.

On the other hand this also presents a problem. No more excuses. Parents can call you at any time. Worse, they will expect you to call them.

It all depends on the relationship you have with your parents. I haven't told mine that I have the one-rate system yet.

With this new trend come the abusers and

the repercussions. Jim is in love with Darla. They are going to school on separate coasts of Canada. They just like knowing the other person is on the line. Call waiting will let them know if someone is trying to call them, so they just stay on the line ALL MONTH!

As a result at least one company has rescinded their unlimited calling and replaced it with 500 minutes per month. Given time, the others may follow suit.

A little competition in the market place and Canada's telephone relationships are in for a change, probably long overdue. Intimacy at 2000 kilometres, are we ready?

Where have all the good times gone

Another one bites the dust.

Following the illfated footsteps of downtown Kitchener's Volcano. Mrs. Robinson's closed its doors Sept. 28, Kitchenerleaving Waterloo without a viable venue for live

Housing live bands six nights a week, Robinson's, found on the corner of Victoria and Weber Streets in downtown Kitchener, became the venue that filled the void left when the Volcano closed its doors for good in early 1997.

Ned

Bekavac

What's left in the Kitchener-Waterloo area are tiny, pub-like venues like the Walper and the Circus Room, or the over-sized Lyric Nightclub and Federation Hall; venues far too big for the mid-sized bands that frequented the sunken, tragically, ships Mrs. Robinson's and the

For an area with two universities and a college adding thousands of bar-attending students to the scene, this is a puzzling shame.

The Volcano regularly housed bands like Sloan, Our Lady Peace, the Headstones, Big Sugar and I Mother Earth, all bands that have since become household names in the Canadian music scene. Mrs. Robinson's hosted the Watchmen, Holly McNarland, and other artists who can sell out 1,000-seaters in Toronto but played here for K-W apathy.

Just where are the Sloans-in-the-making going to play in the K-W area, then? Kitchener-Waterloo residents will no longer, regretfully, be able to say "Oh, yeah, I saw them for \$5 before they broke." As the industry itself waits for "the next big thing" to break, K-W live music is in

The once flourishing local music scene is suffering from fan-indifference; it is no longer viable for bar owners to house live music and expect profits.

Owners contend with the challenge of finding a healthy crop of revolving bands with enough support to regularly fill a 300-capacity venue.

They also must compete with the triumph of the DJ. Dance-oriented bars are overflowing.

Money is also being lost because many bands tend to have a following made up of minors, which helps owners little beyond the garnered cover charge.

Thankfully and mercifully, another

venue, one that regularly housed live acts some three years ago, is again attempting to give the K-W scene a much-needed shot in the arm.

Phil's, found on the corner of University Avenue and King Street returns as a part-time venue for live bands when it houses Marigold, a fine Kitchener quartet featuring Rob Szabo, of the nearly-made-it Groove Daddies, Nov. 6.

Metropolis, too, is hosting weekly concerts, but is doing little for local

While bar parking lots along University Avenue are filled with line-ups nightly for the repetitive thumping of that good 'ol dance beat, local bands, solid ones, are playing, if they are playing at all, to hollowed halls.

What is and what never should be.

SPOKE

Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College. Editor: Melanie Spencer; News Editor: Jaime Clark; Student Life Editor: Lisa Wilhelm; Entertainment Editor: Judy Sankar; Sports Editor: Ned Bekavac; Photo Editor: Denise Bettencourt, Neven Mujezinovic;

Multi-media Editor: Jason Gennings; Production Manager: Melissa Dietrich; Advertising Manager: Sarah Thomson; Circulation Manager: Rob Himburg, Jacqueline Smith; Faculty Supervisor: Jim Hagarty; Faculty Adviser: Dick Scott. SPOKE's address is 299 Doon Valley Dr., Room 4B15, Kitchener, Ontario, N2G 4M4.

Phone: 748-5366 Fax: 748-5971 E-mail: spoke@conestogac.on.ca

SPOKE is mainly funded from September to May by the Doon Student Association (DSA). The views and opinions expressed in this newspaper do not necessarily reflect the views of Conestoga College or the DSA. Advertisers in SPOKE are not endorsed by the DSA unless their advertisements contain the DSA logo. SPOKE shall not be liable for any damages arising out of errors in advertising beyond the amount paid for the space. Unsolicited submissions must be sent to the editor by 9:30 a.m. Monday. Submissions are subject to acceptance or rejection and should be clearly written or typed; a WordPerfect or MS Word file would be helpful. Submissions must not contain any libellous statements and may be accompanied by an illustration (such as a photograph).

New LASA curriculum

Course focuses on getting students fit

By Lisa Wilhelm

There has been a new curriculum added to the Law and Security Association, but with a different angle than other classes associated with the program.

For the past number of years,

For the past number of years, there has been no physical fitness or training involved with the police program, but that has recently changed. At the beginning of the current semester, a program called Fitness and Lifestyle Management was added for LASA students.

This is a four level course that will increase the students physical demand and prepare them for a job as a police officer or any related occupation.

"This not only gets (the students) ready for a job in the police field, but emphasizes the

importance of physical health," said Lori Kraemer, one of the two course instructors.

Kraemer, along with her sister Brenda, who also teaches the course, both graduated from the University of Waterly, with a Bachelor of Science in Kinesiology.

They are also professional fitness and lifestyle consultants and have their advanced personal trainer certificates.

The classes, which each consist of 75 students, concentrate on regular physical activity, learning proper eating habits, and puts emphasize on physical fitness in the work force.

The first term involves four 1.5 hour classes of lectures and theory information. It also involves personal training and requires students to set up a

personal fitness program that is appropriate for them.

Kraemer and her sister then evaluate the students to make sure that their plan is working for them, according to their goals. At the end of the term, the students are required to partake in fitness testing which includes a 1.5 mile run, curl ups, push-ups, a flexibility test and a theory exam.

"(The fitness testing) is in line with what the police college administers, but a new fitness testing event is being phased in," said Kraemer.

Kraemer said the program has worked so far, and that if they find that things are not working, some changes will be made.

"It certainly would be nice to have more time to give the lectures, but we'll learn by trial and error."

Letter to the Editor

I am writing in response to the commentary on October 26th, "Fantastic Soccer Season at Conestoga Witnessed by Few." The correct title should have been "Fanatastic Varsity Seasons at Conestoga Witnessed by Few."

Mr. Mujezinovic - you are right. The crowds at the Condor home games are scarce – which is unfortunate due to the caliber of atheletes we have representing us. But we Condors hardly lack enthusiasm for school events and activities. The DSA has noticed a substantial increase in student participation in the fall semester and student volunteers are at an all time high.

Why then are the stands empty and the crowds silent?

Simply because students don't know what the games are. The rec. centre boards on main campus are full of intramural information - no advertising for the varsity teams. No posters at residence, in the cafeterias, or even at the Roost our very own sports bar. It soon becomes very apparent that the reason why there is no student support is because the rec. centre doesn't advertise thier events.

Teresa Bricker - team manager

of the varsity hocky team has already proven that a little advertising goes a long way. On October 7th, Teresa fearlessly faced the elements in hopes of increasing the excitement in the stands by borrowing the mascot, Cliff the Condor, from the DSA and handing out flyers for hours on end. Through her own initiative, the crowd was the largest that the rink has seen in quite some time. Thank you Teresa.

Let's use more of SPOKE to advertise upcoming games and sports events, and I will personally donate my time to hand out flyers and posters on main campus. Don't give up yet, there are still three more varsity seasons to give Conestoga students the excitement and thrill that they never knew they were missing.

So, congratulations to the varsity outdoor soccer teams and the varsity softball team for excellent seasons and representing us well, and good luck to the varsity hockey team, the indoor varsity soccer teams and the exbitition basketball team this winter.

Yours In Sports, Ellen Menage,

second-year accounting student

Jane Doe tells her story

Doe tells raped women not to enter legal system

By Sarah Thomson

"I do not believe that the legal system is a safe, dignified or just place for women to be who have been raped and had other crimes of sexual violence committed against them," said Jane Doe.

She was speaking to a capacity crowd at the YWCA's Club 84 luncheon on Oct. 21, held at Terrance on the Square, as part of the YWCA's Week without Violence. Doe, a long-time political activist and feminist, was awarded the Woman of Courage Award in June, from the National Action Committee on the Status of Women.

Doe, who took the police to court because they allowed gender discrimination and societal myths surrounding the crime of rape to hinder the investigation of her rape and sexual assault in general, won her 12-year civil lawsuit against the Metro Toronto Police three months ago. She is writing a book about her experience.

She then went on to explain how the police, through not issuing a warning, and discussed how the current wording of warnings contribute to the damaging mythology surrounding rape and sexual assault.

When Doe went to the police with her story, the investigating officer confirmed two days later that she was the fifth victim of the "balcony rapist."

The rapist, Paul Callow, had been preying on women living alone in a six-block radius, in second or third-floor balcony apartments. Police told Doe they did not issue a warning because they were afraid that women would become hysterical and the rapist would flee.

In response to this, Doe says the myth that women cannot deal with the notion of violence in their lives ignores the facts.

She says women are taught from a very early age and they teach their daughters at a very early age that there is a good chance that male violence will enter their lives.

"The other myth is that rapists flee, that they live in the bushes and drool at the mouth and can transport themselves to a foreign city at will. They never think that the guy gets up every morning with his wife and kids and goes to work," said Doe, whose rapist lived a block away from her with his wife and kids.

Doe describes the way warnings are issued as "extremely problematic and that there are many concerns we have to face. It puts the police or institution in a position of saying to women in the community, 'Look we issued a warning. What more do you want? We gave you a warning and you got raped anyway."

According to Doe the way warnings are currently issued

sound like this: "Women, there is a rapist in your neighbourhood. Stay home. Lock your windows. Lock your doors. Don't go out, (never mind it's 30C) imprison yourself in your own home," said Doe.

Similarly, "Women there is a rapist on the bus line. Stay off the bus. It is not an issue that women might have to go to work, take the kids to sporting events or to daycare. Stay off the bus, it's dangerous."

Doe told the audience what better warnings would sound like. "Men, there is a rapist in this neighbourhood. Stay home. Don't go outside. Men there is a rapist on this bus line. Stay off the bus. Stay inside and don't come out unless you are accompanied a woman who can vouch for your good-man status."

This suggestion brought laughter from the crowd, which Doe was quick to address. She said this is a typical response to the second option but, "both situations are quite outrageous, but I think we look at what the reality is.

Which groups of us are being asked to live as prisoners in our homes and our communities, to take responsibility for preventing our own rapes?"



DON'T LEAVE IT TO THE LAST MINUTE!!

The 4th Annual Employee Craft and Hobby Show/Sale 1998

Start working on those crafts for the 4th Annual Employee Craft and Hobby Show/Sale to be held on Friday, November 13, 1998, just outside the Blue Cafeteria.

Vendor applications will be available to present employees, retirees and immediate family members of present employees.

Vendor table fee will be\$10 per vendor with a maximum of two participants per table.

If you have any questions please contact Erica Stoermer at ext. 399.

The chimp lady

Jane Goodall swings into town

By Dee Bettencourt

Greeted with chimpanzee-style hoots and howls on Oct. 22, the full-capacity crowd at Kitchener's Centre in the Square reacted enthusiastically, showering guest speaker Jane Goodall with their own brand of welcome and appreciation throughout the evening: applause, laughter and sometimes, tears.

The researcher is world renowned for engaging in the longest unbroken field study of any group of animals in the wild, while contributing significant findings on chimpanzee behaviour and ecology.

Author of many books and articles, she has received honours from the Queen, the National Geographic Society and was awarded an honourary doctorate of science from the University of Guelph the evening before on Oct. 21.

Seventy-five years of age, her thick silvered hair pulled back into an unadorned ponytail, she moves with the youthful grace and speed of a woman who calls the chimp sanctuary jungles in Kenya, the Congo, Tanzania, Uganda and South Africa, home.

She captured the attention of the many young and old audience members from the start with stories as well as a slide presentation, admitting one of her favourite books during a non-affluent childhood in England was Tarzan. Goodall says in her



Chimpanzee expert Jane Goodall signs books and gives autographs after presenting a seminar at Centre in the Square on Oct. 22 to a full-capacity audience. (Photo by Dee Bettencourt)

British accent, "I was jealous of Jane. I thought Tarzan's girlfriend was a bit of a wimp and was sure I would have made a much better Tarzan"

Between books, her still-living mother, who Goodall credits with encouraging her intense childhood interest in animals, and an invitation from a friend in Africa, Goodall found the knowledge, resolve and opportunity to quit her waitressing job and "leave my family, friends and country behind at the age of 23."

She sailed in 1957 to meet the

famed anthropologist Dr. Louis Leakey. He became her mentor, proposing she undertake a pioneering study of wild chimpanzees in Tanzania, East Africa.

Leakey and Goodall faced two major problems: who would provide funding for an untrained British girl (a rich American businessman) and who would be this single girl's guardian while working in the wilds? (Her mother accompanied her for the first four months.) In 1960, she arrived at what is now the Gombe National

"It is still legal in the U.S. to buy and sell your closest relatives. But they become strong and aggressive. Then people or zoos don't want these chimps. Next they are placed in research labs in tiny steel cages for

30 or 40 years."

Dr. Jane Goodall, chimpanzee and wildlife researcher

Park in Tanzania.

It was during these years that Goodall says, "We made a breakthrough observation. Chimps were using leafy twigs and modifying the objects (as tools) on termites."

This differentiation defined the species at a higher level than previously thought, especially as Goodall says the tool-using methods are passed from generation to generation. Evidence of primitive civilization, reasoning and simple problem-solving skills by chimpanzees enabled Goodall to receive grant funds for further study.

Five years later, after earning a PhD in ethology at Cambridge University, Dr. Goodall returned to Tanzania and established the Gombe Stream Research Centre,

"I'm privileged to observe these amazing beings. We're there (in the jungle) on their terms. They're lucky they're not hunted (in their sanctuaries) and no one cuts down those trees. We employ field staff so there's no poaching, no tree cutting in Gombi," says Goodall. "But the park is only 30 square miles. It is a very tiny, little park. The soil is eroding, the land is bare around the park, like a desert.

"There are only 120 to 130 chimps in this park and the genetic diversity is not sufficient to survive in the long run."

Goodall says there are more people living in Tanzania because of refugee influx and questions, "How can we save this jewel when the people face starvation?"

As a result, the Jane Goodall Institute was founded in 1977. This tax-exempt, non-profit organization helps preserve wildlife research and conservation, as well as environmentally educating people, especially children, with respect to agriforesty, terracing, soil-erosion prevention and family planning.

Beyond the severe compromising of jungle space, the former chimp population of 1.5 million in 21 countries has been decimated to approximately 100,000 in total, largely due to hunting.

"Hunters are coming from the towns in logging trucks. They shoot everything – birds, bats, elephants and chimps. This is sold as bushineat, which people prefer (as a delicacy)," says Goodall, while slides lent a visual representation to the big-brained animals' destruction. "It is illegal to hunt endangered species (like chimps), but it usually is not

enforced. I try to confiscate chimps with the help of officials."

As the audience elicited dismay at a picture of a chained and bleeding baby chimp with enormous brown eyes, Goodall says, "It is still legal in the U.S. to buy and sell your closest relatives. But they become strong and aggressive. Then people or zoos don't want these chimps. Next they are placed in research labs in tiny steel cages for 30 or 40 years.

"They are so like us. They are used as living incubators for Hepatitis B or blood transfusions if you have the same blood type. Is it ethical to do this? No, it is not.

"When you look into a chimp's eyes, you know you are looking at another being you can communicate with in a human way."

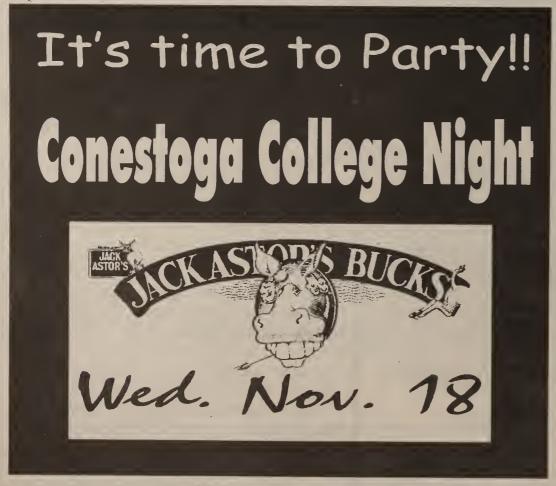
Goodall says it is distressing the world is being polluted, with air and water being poisoned. But she offered hope to Thursday's audience, saying she believes in the indomitable human spirit, the resilience of nature and in particular, the tremendous power of the young.

"I was jealous of Jane. I thought Tarzan's girlfriend was a bit of a wimp and was sure I would have made a much better Tarzan."

Goodall

"If the young people sink into apathy, we have no future." As a result of this viewpoint, Goodall has started a youth organization from the ages of kindergarten to university that she has already spread through 30 countries, called Roots and Shoots. The goal of the program is for participants to make the world around them a better place. The three project areas emphasized are the environment, animals and humans.

Goodall ended the evening as articulately as she began. She hauntingly hooted the goodnight song that neighbouring communities of chimpanzees sing to each other as darkness descends, before moving lightly through the crowded lobby to sign many, many books.



509 Wilson Ave., Kitchener EAT, DRINK & BE AN ASTOR CD Review . . .

Pleasantville stands out among movie soundtracks

By Melanie Spencer

While soundfracks continue to saturate the music scene, it is hard to find many that stand out in the crowd. Until now, that is

Pleasantville, which accompanies the movie about two teenagers that get sucked into a 1950s television show, utilizes the rich musical history of that time period.

The 12 tracks compiled for this soundtrack encompass a wide range of music, not just rock 'n' roll.

The soulful sounds of Ella James are showcased in At Last, Her voice shimmers as she sings about the joys of falling in love,

The passionate vocal stylings of Buddy



Holly and the Cricketts are found on Rave On, a song many younger listeners probably have hard.

Miles Davis also illustrates his jazz stylings on So What.

And of course, the album wouldn't be complete without an appearance by the king of Rock 'n' Roll. Elvis Presley's voice radiates sex as he sings (Let Me Be Your) Teddy Bear.

But what makes this soundtrack unique is the fact that it bridges the gap between the '50s and today.

Fiona Apple, best known for her hit, Criminal, is the only contemporary artist present. She opens the album with a version of the John Lennon and Paul McCartney song, Across the Universe. This mellow track allows the singer to show that she is able to adapt to various musical styles. The listeners may not even be aware that the singer isn't from that time period. It fits perfectly into the atmosphere created by the other songs,

atmosphere created by the other songs.

Apple also performs Please Send Me
Someone to Love, written by Percy
Mayfield. With the help of several
musicians, including bassist Nathan East
and pianist Greg Phillinganes, Apple
successfully captures the blues feel of the
50s.

It is this connection between generations that will make this soundtrack appeal to a wide audience.

U2's Sweetest Thing a blast from the past

By Melissa Dietrich

Irish-based rock band U2 takes time out from recording new songs to re-release the 1986 single Sweetest Thing.

Previously unavailable in Canada, the Sweetest Thing was originally recorded for the 1986 hit album Joshua Tree, but failed to make the final cut.

Lead singer, Bono, wrote the song for his wife as an apology for missing her birthday. Sweetest Thing would have been a perfect addition to the band's ground-breaking album Joshua Tree, as it has all the same characteristics of great U2 songs.

They are all easy to listen to, have meaningful lyrics and are full of energy.

Weeks before the release, Sweetest Thing was already receiving lots of airplay from alternative radio stations like Edge 102.

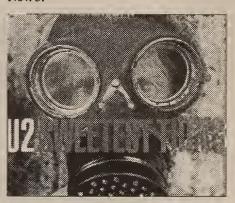
The video for the song, which is currently number 24 in the top 30 MuchMusic countdown, shows Bono sitting in front of a banner that has his apology written on it.

The single also includes live recordings of Twilight and An Cat Dubh, recorded at Red Rocks on June 5, 1983. Both of these songs were originally recorded on the band's first album *Boy*, released in 1981.

The four-member band, who got together in 1976, recently signed a five-CD, multi-million dollar record deal with their

label Island Records Ltd.

The first CD is called *The Best of U2 of 1980-1990* scheduled for European release on Nov. 2 and the rest of the world on Nov. 3



The first release will feature a limited edition double CD, which includes a CD of b-sides not available previously.

On Nov. 9 the lone Best Of U2 CD will be available. The release dates for the remaining four CDs have not yet been said.

With numerous albums and number one hits over their already 21-year career, U2 shows no signs of slowing down.

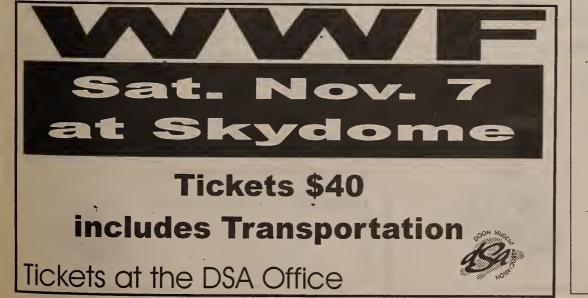
No U2 fan should miss the chance to add the Sweetest Thing single to their collection.

Entertainment News

A California-native has filed a lawsuit against *Aerosmith*. The suit claims the fan was unaware of hearing warnings. Consequently, he claims he suffered permanent hearing loss after attending a concert in October last year.

R 'n' B diva *Toni Braxton* is being stalked by an obsessed fan, according to the New York Post. Currently starring in the broadway version of Beauty and the Beast, action has been taken to protect Braxton, who sings "Unbreak My Heart." Measures include reducing her number of performances per week from eight to seven and not autographing after shows.

Rock star *Marilyn Manson*'s official website reports that he and rap artist *DMX* are working on a song-together.



SPOKE

NOW SITTING IN A

BOX NEAR YOU

Conestoga College Bookstore

JACKET DAY

Jacket Fitting and Orders Taken on November 9th & 10th Doon Campus - Main Cafeteria 11:00 a.m. - 3:00 p.m.

Melton & Leather Jacket \$175.00 All Leather Jacket \$275.00

Price includes front crest, quilt lining, choice of colour, grad year on arm, name or program name on arm, and choice of collar

PLUS

Stadium Jacket & Nylon Jacket \$69.00 \$49.00

Price includes front logo, embroidered name & grad year on arm, (additional letters on reverse are extra)

DEPOSIT OF 60% DUE AT TIME OF ORDER

Commercial success eludes Shudder to Think

By Melanie Spencer

"It's hard because we don't really do a thing. We do many things," says Craig Wedren of Shudder to Think, regarding the band's lack of mainstream success.

The band has toured with Smashing Pumpkins, Foo Fighters, Pearl Jam and Pavement. "We've done it all," says the guitarist and vocalist from his New York City apartment. He called Spoke on Oct. 22 for a pre-arranged interview.

"We were beating our heads against the wall to be like this successful pop band when our interests lie in a much more vast and colourful realm. We've kind of broken that mold and it's much easier."

By refusing to be something they aren't, Washington, D.C.-based Shudder to Think has found it easier to make whatever records they feel like.

Lately, Wedren, along with lead guitarist Nathan Larson, bassist Stuart Hill, and drummer Kevin March feel like making soundtracks, including Todd Haynes' soon-to-be-released Velvet Goldmine.

Formed in Washington in 1986, Shudder to Think has experienced many line-up changes, but Wedren is confident that the current incarnation is the permanent line-up.

"You know, if you can't grow into change, then you wither on the vine."

> Craig Wedren, vocalist for Shudder to Think

But don't think this revolving door has been detrimental for the quartet. The different personalities and perspectives each contributes has helped to make the band a family-oriented group, according to Wedren.

The ability to build on the various approaches to writing and wanting to try new things is what has kept the band together, says Wedgen

"You know, if you can't grow into change, then you wither on the vine."

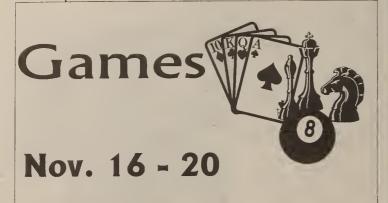
It is this desire to grow that has given Shudder to Think the courage to try different things, like their latest project, the soundtrack to the movie, *First Love*, *Last Rites*. Wedren describes it as "a

falsa aldian ranged "

Although he says the subject matter was limited to cars, girls and love, they found many ways to present these topics. The band enlisted help from many friends, including the late Jeff Buckley, the Smashing Pumpkins' Billy Corgan and The The's Matt Johnson.

As for the future of Shudder to Think, it appears to be a busy one. They will be undertaking a limited tour of the United States in support of the First Love, Last Rites soundtrack.

The band is also hoping to have a new album out next year in late summer or fall, says Wedren.



Euchre, Chess, Pool, Fooseball, Air Hockey, Video Game

Sign up at the DSA Office

\$5

Gotta get a message out?

Why not spend \$5 and sell that item in SPOKE? Our rates are reasonable and we reach as many as 5,000 readers weekly. Classified ads (up to 25 words) can be run by students for only \$5 (\$10 for non-students) which means it will cost you only 1/10 of a cent to tell each reader about the wonders of that old guitar. Give us a call at 748-5366. (Cash up front; deadline is 10 a.m. Monday, one week prior to publication.)

Open for business



The new Mr. Sub cart, set up in the cafeteria, has been busy since its opening on Oct. 21. Photo by Lisa Wilhelm

Three Buck Tuesday Movie Night

"There's Something About Mary"

Admission only \$3 for students \$6 for guests

Free 600 ml bottle of Coke & Free popcorn

Tuesday, Nov. 10 8:00 pm The Sanctuary



Prescription Drug Plan Otice

For those students who have the prescription drug coverage provide through RWAM Insurance Administrators, you have been issued a "Doon Student Association" Green Shield drug card. A special agreement has been made with RWAM and Green Shield to use your own personal student number for prescription purchased. Please fill in your student number directly on the card.

If the pharmacist has any questions about the on-line claim submission to Green Shield, please ask them to contact Green Shield's toll-free number indicated on the card for further explanation.

Thank you for your co-operation.



Movie Reviews

The ultimate history lesson in evil

By Jaime Clark

From director Bryan Singer (The Usual Suspects), Apt Pupil is a chilling, yet hard to conceive tale of deceit and betrayal.

Todd Bowden, a 16-year-old high school student, has taken an

the Holocaust. Bowden (Brad Renfro) takes things too far when he decides to blackmail Nazi war criminal Kurt Dussander (Ian McKellan) to find out what teachers are afraid to show him in

resourceful investigating, discovers that an elderly neighbour was one of Hitler's henchmen during

He uses this information to coerce Dussander into revealing his memories.

A strange, if not unbelievable, relationship is formed between the two main characters which exposes their evil tendencies.

The coincidences in this film are so many that the believability is

For instance, it seems highly unlikely that Bowden would be able to make a positive identification of Dussander after seeing him on the bus.

Even more unlikely is the fact that he would confront Dussander with his newly found information for an extended history lesson.

It is apparent throughout the film that Bowden is obsessed with the Holocaust yet that obsession is not explained at all which leaves the

The look in his eyes as he held a basketball over an injured pigeon was pure evil.

viewer confused as to his motives.

If Bowden had researched as extensively as the plot suggests, he would know that Dussander was a murderer and would not have had the courage to confront him.

Equally unbelievable, is the fact that Dussander would be threatened by a high school kid.

Apt Pupil, based on a 1982 Stephen King novella, does, however, have some merit.

The progression of Bowden from a straight-A student to a boy with a warped sense of morality is chilling.

The look in his eyes as he held a basketball over an injured pigeon was pure evil.

McKellen, who Dussander, gave an excellent portrayal of the Nazi war criminal. His emotionless retelling of mass murders was frightening.

Even more so was when he marched in his kitchen dressed in a Nazi uniform, hailing Hitler.

Although the story lacks some believability, performances by both McKellen and Renfro are

David Schwimmer (Friends) also makes an appearance as Edward French, Bowden's geeky guidance counsellor and Joshua Jackson (Dawson's Creek) plays his usual role of the faithful

An interesting story with some minor problems, Apt Pupil is an honest attempt at a thriller. And always keep in mind that curiosity killed the cat.

12345

(Internet photo)

Bullock and Kidman lack magic in movie



By Melanie Spencer

Practical Magic is casting a spell on Canadian moviegoers.

They're flocking to theatres in droves making it the secondhighest grossing film in North America for the weekend of Oct. 23-25, despite misleading trailers, not to mention an extremely weak plot.

What at first appears to be a light-hearted look at magic becomes a trip into a darker world, where evil must be overcome.

Based on the book by Alice Hoffman, it tells the tale of three generations of Owens women and the consequences, and benefits, of being witches.

Sally, played by Sandra herself from the heartbreak that Bullock, and her sister Gillian, played by Nicole Kidman, possess very different values which lead them down opposite roads in life.

But when trouble strikes, they're there for each other, no matter what.

It's Gillian's lifestyle that creates the horrifying situations in the movie and brings her and her problems home to Maria's Island.

The very few light-hearted moments during the movie revolve around a spell Sally cast when she was a child.

She created a spell to fail in love with a man that couldn't possibly exist, in order to save

love causes Owens women (all the men they fall in love with die an untimely death).

This dream lover with one blue eye and one green eye would be handsome, generous and loving.

To everyone's surprise, Det. Gary Hallet does exist.

Hallet (Aidan Quinn) is the man sent to investigate the disappearance of Gillian's boyfriend, Jimmy Hawkins (Goran Visnjie) and the supernatural activities that result.

This is where the romantic element of the movie comes into

But despite the lack of plot and the misleading trailers, the special effects are incredible and make up somewhat for the movie's shorter mings.

If you're interested in a haunting way to spend an evening, you'll probably enjoy Practical Magic. If not, save your money, 1 2 3 4 5

What at first appears to be a light-hearted look at magic becomes a trip into a darker world . . .

Classifieds

TRAVEL-TEACH **ENGLISH**

5 day/40 hr. (June 2-6 Guelph) TEOSL teacher cert. course (or by correspondence). 1,000s of jobs avaliable NOW.

Free info. pack, toll free: 1-888-270-2941

TIME CONSTRAINTS??

Writer's block? Can't find words or the right research materials you need? We can help! WRITE:

Customer Essay Service 4 Collier St., Ste. 201 Toronto, Ontario, Canada M4Z 1L7

NEW YEAR'S SPRING BREAK!

Wildest party tours to Cuba, Montreal, Daytona, Quebec. Free trips, discounts, bonuses for group organizations. Celebrating 38 years of quality and reliability. CALL:1-888-593-6666 **EMAIL:**

uniropa@netcom.ca www.uniroyalpatravel.

0 DOWN - FREE DELIVERY

P11 Complete Computer Package. 19" - 36" Sharp TV, VCR. Goldstar Bar Fridge. Ficher Mini Stereo System.
Call Today
1-800-267-9466

Take two

Rusty is on the road again

By Melanie Spencer

Jim Moore is looking forward to getting back on the road again.

The bassist for the Torontoquartet, Rusty, compares the band to a sports team. "You get in the van and you go," he says during a phone conversation with SPOKE om his Toronto home

He says he likes touring because he meets lots of different people and sees many places.

Excluding Newfoundland (it's financially prohibiting he says), the band has played almost everywhere in North America.

Despite having visited many places, Moore's favourite place to perform is Toronto.

"We're lucky that we are actually popular in our hometown," says the boxing fan. "It's funny, believe it or not, but a lot of bands aren't." With the addition of drummer

John Lalley (ex-Bootsauce), who

replaced Mitch Perkins, Moore says the band, which also includes vocalist Ken MacNeil and guitarist and vocalist Scott McCullough, has notice a change in their live shows since Lalley arrived.

"We're lucky that we are actually popular in our hometown."

Jim Moore, bassist for Rusty

"Johnny hurts people when he plays live," he says. "He's really enthusiastic and he's a very powerful drummer."

Rusty's live sound isn't all that has changed. The group's latest effort, Out of Their Heads, marks a new musical direction. It's a combination of '60s and '70s rock music, which resulted from their work on the soundtrack to Bruce McDonald's Hard Core Logo.

But don't get too attached to that sound. "The next one (album) might be really heavy, you never know," says Moore.

Besides the new album, Rusty also recorded the theme song for the new television series, Power Play. The song is a cover version of Stompin' Tom Connors' The Hockey Song, which Moore describes as sounding like a beer

As for Rusty's future, they will kick off the second leg of a Canadian tour in support of Out of Their Heads in Kitchener at the Metropolis.

Despite this busy future and growing success, one wonders what Moore would be doing if he weren't in Rusty.

"I'd probably be back in the kitchen. I think almost every musician works in the kitchen, don't they?" he laughs.

Late goal not enough for Mohawk

Condors through to semi-finals

By Neven Mujezinovic

The Conestoga Condors soccer team men's . squeezed through to the semi-finals of the Ontario championships by beating Mohawk College 2-1 on Oct. 23 in dramatic, if not convincing, fashion.

The game was hampered by extremely windy conditions and the notoriously uneven Conestoga soccer field.

It took the Condors more than one hour of play to find any sort of rhythm to their game. Mohawk was unable to capitalize on the Condors' off day largely due to poor finishing. Mohawk's Rajko Kovinjalo dominated the midfield with skillful ball-control and tantalizing runs, but did not have assistance from his teammates.

The best scoring opportunity in the first half fell to Donovan Russell of Mohawk.

The Condors thought Russell was offside, but the referee allowed play to continue and he found himself alone in front of Condors' keeper Bill Johnson. Instead of steadying himself for the put-away, Russell fumbled, miskicking the ball wide.

The second half started in much the same way the first ended. Neither team was able to impose itself on the other and the game continued to be an unattractive battle in midfield.

In the 25th minute, Condor striker Dwayne Bell headed the ball back to Derhan Sherifali, who drilled the ball about half a metre over the crossbar.

This opportunity jolted the Condors into pressing harder for

The goal came at the half-hour mark. The Condors were awarded a free kick 25 metres from the goal. From Mohawk subsequent kick, the Mohawk keeper was unable to hold Sherifali's powerful shot and Dan Krauter pounced on the rebound, but was brought down for a penalty kick.

Paul Mouradian stepped up and coolly placed the ball in the lower right hand corner making the score

After the goal the Condors took flight and started playing some excellent soccer. Joe Shamon hit the post after a brilliant individual

Five minutes later it was 2-0. Andre Pereira's throw-in was flicked on by the head of Dan Mihelic across the goalmouth. Mohawk failed to clear and Shamon ran on to the ball,

The Condors are in a good mood after a 2-1 win over Mowhawk College on Oct. 23.

(Photo by Neven Mujezinovic)

volleying it from 12 metres.

Mohawk managed to pull one back, winning a late penalty kick of their own, but it was too little, too late.

Mohawk's coach John Gibson was not pleased with the condition of the field.

"It's unfortunate that a cup-tie like this has to be played on such a field. It's very unfortunate and it wasn't good for either team. It made for a very hard-fought, unattractive game of soccer."

Gibson said either team could have won, but in the end Conestoga was slightly more fortunate.

"It was one of those games, that if somebody got a break, and they did; they got the penalty kick and that made the difference.'

Pereira thought his team deserved to go through. He said the Condors started out slow, but picked it up as

progressed. "In the second half we just came out and started picking everything together. We were pressuring them and they were on their last legs in the second half and we took advantage of it."

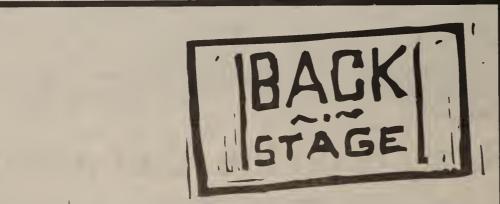
Pereira admitted Mohawk was a bit unlucky to concede the penalty but said that took nothing away from the Condors' victory.

When asked who he'd prefer to play in the semi-final, Pereira said it did not matter.

"It doesn't matter who we play. We'll be ready for it."

"It doesn't matter who we play. We'll be ready for it."

Andre Pereira, Condor midfielder



Major in music

Think of it as higher learning.

As Canada's largest music site, Jam! Music is like getting a backstage pass inside the music industry every day

With a focus on Canadian music and all the news about your favour te acts, Jam! Music features concert listings across Canada, SoundScan Charts, the Canadian Music Index, a full Artist Archive database, new album reviews the Anti-Hit list, newsgroups release dates, live chats, concert and album reviews, Indie Band listing, contests, photo galleries, the Question of the Day and more

Think of this site as the part of your education that redefines the Pop Quiz.

It's online. And it rocks.



www.canoe.ca/JamMusic

Canada's Music Site



From left, Zlatko Lakoseljac, Joe Shamon, Dan Krauter, Andre Pereira and Dwayne Bell congratulate Paul Mouradian (centre) on the goal scored. (Photo by Neven Mujezinovic)

Be a good bloke Read SPOKE

SPORTS



Rebecca Miller goes for the ball as Stephanie DenHaan runs in support. (Photo by Neven Mujezinovic)

Humber defeats Conestoga 5-0

Condors run out of miracles

By Neven Mujezinovic

know how many miracles this team has got left," said Conestoga soccer coach Geoff Johnstone after his team's 5-0 defeat at the hands of Humber on Oct. 26 in the quarter-finals of the Ontario championships.

"Everybody just looks at our record and nobody knows the kinds of problems we've had, in terms of injuries, personnel and just going with a small squad all year," said Johnstone.

Indeed the Condor women's fairy-tale season, which included winning the regional championship, was miraculous. But not all real-life fairy tales end happily and when Humber rolled into town to battle it out with the Condors, the magic disappeared.

Humber put on a soccer clinic that will not be soon forgotten. Even the most die-hard Condor

fan would have to admit the Humber women were a joy to "I said this morning, 'I don't. watch. Their ball control was impeccable, their passing flawless. Technically and tactically they outplayed the Condors, whose trademark aggression could not compensate for the difference in

> It took Humber 20 minutes to crack the Condors' defence, but once they did, the floodgates opened. Megan Beckett, the Hawks' elegant central defender, scored a stunning goal from a free-kick. From more than 20 metres, she curled the ball around the Condors' wall and into the top left-hand corner, giving keeper Nancy Tucker no chance at all. Adriana Cataldo and Filomena Aprile each scored to give Humber a 3-0 halftime lead.

> The second half was not much different from the first. The were facing insurmountable task, but did their

best to stay in the game and not be demoralized.

Their performance did slightly improve. There were flashes of individual brilliance, but against a well-organized team such as Humber, they could change little. Cataldo and Aprile each added one more goal to their tally, making the final score 5-0.

Humber coach Vince Pileggi said he was surprised with the ease of his team's victory.

He said they came to Conestoga expecting a good game, but unfortunately for the Condors, Humber took the lead relatively early with a couple of quick goals, which set the momentum for the rest of the game.

"We were expecting a fight right to the end and actually in practice we were working on penalties for the last three days, because we truly thought that we wouldn't be able to beat their goalie," said Pileggi.

Pileggi gave credit to the Condors for a fine season and said that despite the scoreline, they are a tough team to beat.

He said he believed his team has the talent and the potential to win the Ontario championships but, "when you get this far, it's anybody's game.

Johnstone praised Humber's superior individual and technical skills, saying that this was the best team the Condors played this year.

"I thought their goalie might be shaky, but we didn't find out, so I'll give her the benefit of the doubt," said Johnstone with a laugh.

Amaryllis

of Canada



Stephanie DenHaan challenges Rosie Butera of Humber for the (Photo by Neven Mujeziinovic)





Athlete of the Week for Oct. 19-24



Joe Shamon

Joe Shamon is a first-year law and security student and a member of the Condor soccer team. His form has been tremendous in the last few games and his hard work was rewarded in the quarter-final match against Mohawk with a spectacular goal, which put the Condors through to the semi-finals.



Healthwise

BREAST HEALTH

Breast disorders represent a significant health concern to women. Lumps or changes in the breast structure can detect breast disorders. There is one in nine chance that a woman will be diagnosed with a malignant breast disorder before menopause and then one in eight chance after menopause.

Risk factors include being female, age 55 years or over, onset of menstruation at age 12 years or younger, onset of menopause at age 55 years or older, first full term pregnancy after age 30, family history, obesity, and exposure to ionizing radiation.

It is crucial, breast lumps be detected early and diagnosed promptly. Current guidelines accepted by the American cancer society, the National cancer institute and the American college of Radiology regarding breast surveillance include health maintenance practices such as breast self examinations, clinical breast examinations, and routine mammography.

By age 20 you should be doing breast selfexaminations monthly. Using the pads of your fingers you should closely examine each breast looking and feeling for any lumps, hard knots, thickening of the breast tissue, dimpling of the skin or any changes in the breasts. Examine the entire breast using small circular motions in a spiral or up and down motion, so that the entire are is examined. Any changes in the breasts should be taken seriously and looked at by a health care professional.

A trained professional should do a clinical examination of the breast every three years between the ages of 20 and 40 and every year thereafter.

A screening mammography for women at risk should be done between the ages of 40 and 49 every 1-2 years and an annual mammogram for women 50 years of age or older. Which consists of a x-ray technique used to visualize the internal structure of the breasts.

By following the current health maintenance techniques it will increase early detection and treatment, which will enhance survival rates

By: Mandy Mahon, Semester 5 Nursing student

Do you have questions about a health problem or concern! E-mail us a heathwise@conestogac.on.ca

Did you have your Wheaties today?



Jeanette Walker of student services, was surprised to find that students and faculty buying Wheaties to support the United Way, turned around and donated the cereal to the school's food bank. (Photo by Jaime Clark)

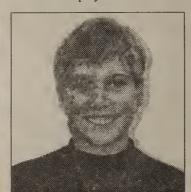
Women's softball

Honouring the best

By Rob Himburg

The Ontario Colleges Athletic Association held an awards banquet for the members of the women's softball teams on Oct. 24.

Conestoga College players earned awards and recognition from fellow players and coaches



Keri Quipp, named to the all-star team

in both individual batting, coaching and all-star selections.

The Condors, who used a strong batting order throughout the year en route to a second place finish in both the league and playoffs, had captured four of the top five spots in the league's batting category.

They were led by Stacie Arsenault, who hit an amazing .632 and set a new league record for hits in a season, with 24, in the process. First-year player Lori Walden was third in the league at .462. Keri Quipp was fourth with a .432 average and rounding out the top five was Carrie Cruickshanks who hit .429.

Condor pitcher Dana Rooney had an earned run average of 1.88 during the regular season, second only to Durham's Shannon Tabb, who recorded a minuscule ERA of

Following the tournament, Arsenault was presented the award



Stacie Arsenault, the league's

for being the top hitter in the league. She was also, along with Quipp, named to the all-star team. Quipp was a member of the all-star team last year.

The award for Coach of the Year went to Condor coaches Brian and Yvonne Broome for a second consecutive year.

After sudden death

Condor women take silver medal

By Rob Himburg

Condors Conestoga women's softball team overcame injuries and fatigue to capture the

Ontario Colleges Association silver medal in the women's softball league playoff tournament on Oct. 24.

The sudden death tournament, held at Durham College, featured the top four teams from the league's regular season.

In action, along with the Condors, were teams representing Durham, Seneca and Mohawk

The format of the tourney saw Durham, who were first in the regular season, take on Seneca while the other game saw Conestoga battle Mohawk.

The Condors defeated Mohawk by an 8-2 margin while Durham won their game by a score of 3-1. This led to a game in which the top two finishing teams in the

league would battle for the gold medal.

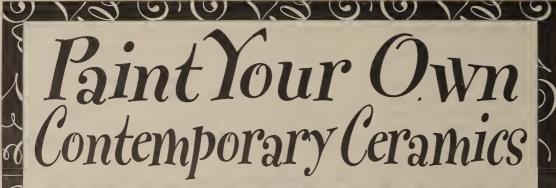
Unfortunately for the Condors, injuries to the shoulder of pitcher Dana Rooney and the hand of catcher Carrie Cruickshanks took its toll on pitching and batting as the Condors fell 10-0 to a "strong" Durham team.

Condor coach Yvonne Broome, however, was still upbeat about her team's performance.

"This team had the most depth we've ever had," she said. "Our batting line-up was very strong and our defence was good.

Broome was really pleased with the overall outcome of the season.

"The girls always gave their best and were always there to play,' she said. "I think we did pretty darn good to get silver."





Pick Your Piece.

Choose from more than 150 different styles of pre-fired ready-to-paint ceramics.

Plan Your Piece.

Create your own design or use our stencils and resource materials to inspire you. There's no charge until you start painting.

Paint Your

Armed with various paint away using a rainbow of food safe, non-toxic glazes.

Presto. A Master Piece!

We'll apply a protective brushes and sponges, clear glaze and fire your piece for you.





At The Crafter's Marketplace

Kitchener:

385 Fairway Road (South) (519) 748-2285 Visit our website at www.madebyme.com

